

**Healthy Communities Technical Advisory Group-
Draft Metrics Including Additions and Changes Received from Members Following the Meeting**

	Goals	Metrics
<p align="center">Goal #1</p>	<p>The region’s residents of all ages, are physically and mentally healthy and lead healthy lifestyles through access to quality and affordable healthy food, healthcare, aging services, and exercise.</p>	<ul style="list-style-type: none"> • Live within 2 miles of a grocery store that has healthy foods • Increase “Healthy homes” or “Medical homes” (one place to go and have everything a person needs) • Measure illness rates - diabetes, cancer, levels of obesity, heart disease, etc. • Measure school systems that provide healthy foods • Measure injury prevalence • Reduce/improve pedestrian accidents/conflicts • Measure disabilities – mental and physical health aspects • Measure/need for school health advisory committees (could go with Goal 1 and 2) • At what scale do we measure our communities? It seems too big, but maybe we could start with schools then neighborhoods, then move out from there? • Measure economic costs – degree to loss of work time; insurance claims; sustainable economic costs of health • Prediction metrics – example, diabetes in 30 years (or decrease diabetes rates in next 30 years) • Food - measure access, affordability, supply, grocery stores, farmers markets, etc. • Education - measure populations’ knowledge of food labels and what’s healthy or not • Metric: Number of educated on food labels • Number of fresh produce outlets per 1,000 residents • Number of schools with healthy food education • Measure availability of fast/junk food from a certain area/population

		<ul style="list-style-type: none"> • Measure growth of farmers in an area • Evidence-based practices - need data on this • Number of incentive programs to assist • Measure availability of healthy fast food places • Measure of walkable communities • Number of traffic lights with properly timed pedestrian crossings • “Special Districts” – get ped crash data, walkability index • Open space, walkability and safety • Access to parks/open space • Effective/access to transit • Effective/access to bike trails/facilities • Safe Routes to School program • Measure safe neighborhoods • Increase the number of neighborhood watches • Decrease in neighborhood crime • Number of people/income level and % of homeownership • Increase awareness of harmful chemicals in the home • Reduction of environmental health hazards (Goals 1 and 2) • Increase recycling services – including the availability and utilization of them • Number of voter registrations and voter turnout • Number of available community centers/civic clubs (measure by participation and/or enrollment) • Decrease number of hate crimes • Measure life-cycle jobs and homes - number of residents that return “home” • Measure generational continuity in a place • Reinvestment in existing communities • Neighborhood revitalization • Measure “out migration” of a community (Rural and
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		<ul style="list-style-type: none"> urban) • “generational” wealth • Increase access to community gardens (Goals 1, 2, and 3) • Increase dog parks/amenities • Number of cultural appropriate parks • Number of youth groups that are aimed at preserving culture • Walkable community center in neighborhoods • Literacy rate • Incarceration levels (hopefully decrease) • Access and education • Look at current indicators • Reduction of poverty levels • Increase of graduation rates • Decrease the number in jail and mental health issues • Treatment centers
<p>Goal #2</p>	<p>The region’s built environment promotes healthy communities, including affordable healthy housing and safe neighborhoods, walkable communities, and access to open space and recreational opportunities</p>	

<p>Goal #3</p>	<p>The region embraces its multicultural, historical, and natural assets to ensure that that its communities retain and/or enhance their unique context</p>	<p>Metrics identified as important to Goal #3:</p> <ul style="list-style-type: none"> ● Number of cultural events ● Amount of money invested in cultural events and organizations ● Number of historical markers/landmarks ● Increase awareness of cultural events ● Under Metrics. Increase enrollment in foreign language classes
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DRAFT

Healthy Communities Technical Advisory Group Additional Information – General Comments Received from Members During and After the Meeting

- **Overarching Goal:** “All goals apply equally to all residents regardless of income status, race, nationality, ethnicity, disability, or familial status”.
- [In reference to Goal #3 - The region embraces its multicultural, historical, and natural assets to ensure that that its communities retain and/or enhance their unique context] It could relate to Katrina and the influx of people. It could also show the relationship to place promoting a health community.
- Is it possible to have a goal about increasing opportunities for meaningful civic participation and increasing opportunities for non traditional groups or communities to have a voicemetric: number of civic association meetings; number of registered voters and number that vote;