# Public Health & Sustainability

### Assuring the Conditions in Which People Can be Healthy

**Harris** County



Public Health & Environmental Services

# Case in Point: ACHIEVE

#### Action Communities for Health, Innovation, and EnVironmental changE

Linda E. Forys, EdM, CHES Director, Health Education and Promotion March 28, 2011

## CDC Healthy Communities Programs

- Strategic Alliance for Health
- Steps communities

### ACHIEVE

- REACH
- YMCA of the USA's
  Pioneering Healthier
  Communities (support)





HEALTHY COMMUNITIES PREVENTING CHRONIC DISEASE BY ACTIVATING GRASSROOTS CHANGE

> AT A GLANCE 2010

NATIONAL CENTER FOR CHRONIC DISEASE PREVENTION AND HEALTH PROMOTION IMPROVING HEALTH AND GLALITY OF LIFE FOR ALL PEOPLE



### CHART Team

 Harris County Public Health & Environmental Services
 YMCA – Greenspoint

- ✓ Aldine ISD
- ✓ TX Dept of State Health Services
- Harris County Precinct 1
  Harris County Precinct 2
  East Aldine District
  Texas State Representative
  Youth/Community Services
  Residents

#### East Aldine Area



## Environmental Changes



#### ACHIEVE Fitness Zone

# Community Gardens



### ACHIEVE Sustainability

- Networking & Community
   Engagement
- Policy and Environmental Change
- Community Capacitybuilding



# Case #2??

# Childhood Obesity Collaborative – a proposal

- Networking &
  Community
  Engagement
- Policy and Environmental Change
- Community Capacitybuilding



#### THANK YOU!!!

Rocaille Roberts, MPH Director, Office of Policy and Planning rroberts@hcphes.org 713-439-6374

Linda E. Forys,EdM, CHES Director, Health Education and Promotion Iforys@hcphes.org 713-439-6291

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